

# WELCOME TO EARLY CHILDHOOD INTERVENTION



THERAPY REIMAGINED



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# OUR SERVICES

## Speech Pathology

- Speech sound assessment and intervention
- Language assessment and intervention, including use and understanding of language
- Dysphagia and mealtime management
- Augmentative and Alternative Communication (AAC), including using symbols or signs to communicate
- Social communication skills
- Literacy assessment and intervention
- Stuttering
- Auditory Processing

## Occupational Therapy

- Functional capacity assessments
- Daily living capacity building
- Assistive technology assessment, prescription, and training
- Paediatric assessment and intervention
- Home modifications
- Functional rehabilitation

## Physiotherapy

- Mobility assessments
- Tailored exercise programs to maintain or restore strength
- 24-hour positioning and pressure care
- Hydrotherapy
- Assistive technology
- Falls prevention and balance training
- Neurological rehabilitation
- Chronic disease management

# EARLY CHILDHOOD INTERVENTION PROGRAM

## Early childhood intervention

Early childhood intervention services are designed to support young children, to enable them to have the best possible start in life. Through early childhood intervention, you and your family can get **specialised supports and services to suit your needs and goals.**

At Superyou Therapy, we are passionate and committed to supporting your child's development and engagement in the community, as well as supporting your family, as the drivers of therapy and your child's success.

## Natural learning environments

Children learn best in their natural learning environments, which includes at home, in the community, and educational centres. Research shows that learning skills in a natural environment is more effective than practising a new skill in an isolated setting once or twice a week (Case-Smith & Holland, 2009; Dunst et al., 2010). As a result, we work with you to ensure we are using opportunities to provide services based around the natural learning environments of your child, such as everyday activities and routines in your home.

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*Case-Smith, J. & Holland, T. (2009). 'Making decisions about service delivery in early childhood programs', Language, Speech, and Hearing Services in Schools, vol.40, pp.416-423.*  
*Dunst, C.J., Raab, M., Trivette, C.M. & Swanson, J. (2010). Community-based everyday child learning opportunities. In R. A. McWilliam (Ed.). Working with Families of Young Children with Special Needs. New York: Guilford Press.*



**AT SUPERYOU THERAPY, WE'LL WORK IN PARTNERSHIP WITH YOU AND YOUR FAMILY TO ACHIEVE THE BEST OUTCOMES FOR YOUR CHILD**



**“WHEN A FLOWER DOESN'T BLOOM, YOU FIX THE ENVIRONMENT IN WHICH IT GROWS, NOT THE FLOWER.” - ALEXANDER DEN HEIJER**

### **Neurodiversity affirming practises**

At Superyou Therapy **we acknowledge that all children have differences** in their abilities and how they process and interact with the world around them. We do not consider these to be deficits that need to be “fixed”. Rather, we believe the world should be accepting of people’s differences in how they think, learn, process, and perceive information.

Examples of neurodiversity include: Autism, ADHD, Dyslexia, Dyspraxia, and so much more! Our goal in therapy is to support children with neurodiversity to understand some of their innate behaviours and what we can do to help them function and remain comfortable in various situations. **We don’t want to change your child; we want to help those around them** understand and accommodate the supports they need to succeed.

### **Collaborative teamwork practises**

To best support your child and family, Superyou Therapy values an inclusive and integrated teamwork approach. Our therapists will work closely with you to determine your current family and community support networks. **We collaborate with all key stakeholders, to ensure a holistic approach to your services.** We recognise that every child has the right and need to participate in their family and community. Key stakeholders may include:

-  Health professionals (e.g. general practitioners, audiologists, psychologists, music therapists)
-  Staff at day care centres and schools
-  Other community programs (e.g. playgroups, swimming lessons)
-  NDIS support coordination
-  Support workers

**If you would like further information on other local service providers, please talk to your Superyou Therapy team.**

# YOUR FAMILY

## Your family & culture

The Superyou Therapy team has the privilege of supporting families from a range of culturally and linguistically diverse backgrounds. We will always **acknowledge and adjust** the way we deliver services to **demonstrate respect** for your family's beliefs, traditions, and cultural identity. We recognise the importance of **emotional development** and **attachment security** for children with disability or delays in their development. Our focus is to **support and strengthen family relationships** in ways that build security and facilitate mutual enjoyment, so your child can participate meaningfully in everyday family activities. Through awareness, understanding, and continued learning, we aim to support your child to be involved in the everyday activities that are important to your family.

## Family-centred services

Superyou Therapy recognises the importance of involving your whole family when supporting your child. We value a whole-of-family approach, which considers the needs of all family members, as well as the needs of your child. We work in partnership with you, to identify the individual strengths, needs and priorities of your family. Each support plan is based on the choice and control of your child and family. **We recognise and respect that as parents, you are experts on your child, and we work in partnership with you to share information equally and plan for your child's future.** By adopting a family-centred approach, it means your child can reach their potential and achieve better outcomes.



**WE PROVIDE THERAPY BASED AROUND NATURAL LEARNING ENVIRONMENTS, SUCH AS YOUR DAILY ROUTINES AND EVERYDAY ACTIVITIES.**



## How will Superyou Therapy support you?

Our therapists work with your family and caregivers to develop a flexible and individualised early childhood intervention service to suit the needs and circumstances of your child and family. We do this by:

- ⚡ Investing time in **understanding** the story of your child and family
- ⚡ **Assessing your child's development**, to identify areas of strength and areas that require support
- ⚡ Achieving **collaborative goal setting** by working together to reflect on the concerns and priorities of your family
- ⚡ Having an ongoing, **team approach** between primary caregivers, your family, and therapists
- ⚡ **Empowering you as the primary caregiver** and encouraging you to make informed decisions
- ⚡ Utilising your child's participation in **daily routines** to target therapy goals
- ⚡ **Promoting your child's learning** in their natural learning environment with their everyday communication partners



## NDIS MANAGEMENT OPTIONS

### **Agency-managed**

If your NDIS plan is agency-managed (sometimes referred to as NDIA-managed) your providers (e.g. Superyou Therapy) will claim directly from your NDIS plan for the services they deliver. You can only access services from providers who are registered with the NDIS. This is the easiest option for families and individuals who are only accessing services through one provider (e.g. Superyou Therapy).

### **Self-managed**

Participants who self-manage their NDIS funds are responsible for paying providers directly for services received, submitting payment requests online via the myplace portal, and keeping records and receipts of supports purchased with NDIS funds. If you choose to self-manage your NDIS plan, you will be required to pay for Superyou Therapy appointments on the day of service and will receive a receipt for claiming via the myplace portal. Once a payment request has been submitted, you will be reimbursed from your NDIS plan, generally within 24 to 48 hours.

### **Plan-managed**

Plan-managing involves support from a third party or financial intermediary organisation to manage your NDIS funds. Your plan-manager will be responsible for managing your NDIS funds, such as submitting payment claims, paying provider invoices, keeping track of spending, and completing financial reporting requirements. Before you can access NDIS funds, you will need to select a plan-management provider and enter into a service agreement with them. Additional funding will be allocated within your NDIS plan to pay your plan-management provider. Once you have chosen a plan-management provider, you should let Superyou Therapy know who you have chosen to ensure all future invoices are forwarded to them for payment.

# YOUR EARLY CHILDHOOD JOURNEY WITH SUPERYOU

01

## WELCOME

We listen to your story, respond to your goals and help you discover your specific therapy needs.

A service agreement sets out what we will both do – in partnership – to ensure you receive the best possible services and support from us.

02

## LISTEN

We recognise your expertise and knowledge about your child and take into account your child's strengths, needs and priorities. We love to hear about your family routines and everyday activities.

03

## COLLABORATE

We support you to identify meaningful goals. We'll work with you and your support network to design a plan for service delivery.



## SERVICE DELIVERY OPTIONS

At Superyou Therapy, you can choose from a range of service delivery options and make decisions about what works best for you. Service delivery options include:

⚡ Clinic-based ⚡ Tele-practice ⚡ Community based (in the school or at home)

06

## RECOMMEND

During NDIS plan review time, or if your circumstances change, we'll be ready to recommend future therapy supports – if you still need them!

05

## MEASURE PROGRESS AND ADAPT

We'll measure the outcomes being achieved regularly to make sure we're on the right track. We'll be flexible and adapt the plan at any stage if needed based on your feedback.

04

## SERVICE DELIVERY

This is where the fun happens! Our clinicians will work with you and your child to help you achieve your goals at home, school and in the community.

# MY THERAPY TEAM

<b>Support Coordinator</b>	Name Email
<b>Speech Pathologist</b>	Name Email
<b>Occupational Therapist</b>	Name Email
<b>Physiotherapist</b>	Name Email
<b>Other</b>	Name Email

## Get in touch with us

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