

# SOS FOOD EXPLORERS

We welcome 2-4 years olds to our SOS Food Explorers group to assist with picky eaters/problem feeders.

## Where

North Hub, 30 Dundobar Rd,  
Wanneroo WA 6065

## When

**Monday 23 Jan, 2023**  
10:30 – 12:00pm

**Monday 30 Jan, 2023**  
10:30 – 12:00pm

**Monday 6 Feb, 2023**  
10:30 – 12:00pm

**Monday 13 Feb, 2023**  
10:30 – 12:00pm

**Monday 20 Feb, 2023**  
10:30 – 12:00pm

**Monday 27 Feb, 2023**  
10:30 – 12:00pm

**Monday 6 Mar, 2023**  
10:30 – 12:00pm

**Monday 13 Mar, 2023**  
10:30 – 12:00pm

**Monday 20 Mar, 2023**  
10:30 – 12:00pm

**Monday 27 Mar, 2023**  
10:30 – 12:00pm

**Monday 3 Apr, 2023**  
10:30 – 12:00pm

**Monday 10 Apr, 2023**  
10:30 – 12:00pm

## Cost

**\$2,327.88 per client**

1:2 support provided –  
1 clinician to 2 clients

## Funding

Can use NDIS plan (improved daily living) or fund privately.

## Sign up today!

Submit an enquiry at:  
[superyou.org.au/contact/](https://superyou.org.au/contact/)

Or call: 6263 8623



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## Activities of SOS Food Explorers

- SOS principles/program to assist with picky eaters/problem feeders
- 12-week group program (face-to-face)
- Your child will be supported by the same therapists and peers (we use peer modelling and social skill development while developing the range of foods eaten)
- Led by SOS trained Speech Pathologists and Occupational Therapists
- Sensory profile - completed to ensure sensory preferences are understood prior to program
- Ongoing support and education to parents/caregivers to ensure SOS principles are being followed at home i.e., explaining what is happening, strategies to use at home or other environments
- We provide supportive seating, food, drink, plates, and napkins

## What your child will achieve

- Increase range of foods eaten and improve confidence to be around unfamiliar foods
- Improved social and fine motor skills
- Sensory processing skills, such as being comfortable with a range of textures
- Oro-motor skills and emotional regulation strategies

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