

PHYSIOTHERAPY DISCOVER HOW WE CAN HELP



THErapy REIMAGINED



PHYSIOTHERAPY CAN BE HIGHLY BENEFICIAL TO MANY NDIS PARTICIPANTS.

What does a physiotherapist do?

Physiotherapists are specialists in assisting and improving a person's ability to move and function in their everyday life. This includes supporting people with a range of disability and chronic conditions.

Is physiotherapy covered by the NDIS?

Yes, physiotherapy is covered by the NDIS. Physiotherapy services are funded from your capacity-building budget. In some cases, you can also use your core supports budget to pay for services.



HOW SUPERYOU PHYSIOTHERAPISTS CAN HELP YOU

Early intervention therapy

Some children need additional support to reach their motor milestones. Our physios will assess which skills your child needs support with, and then develop strategies for them to practice. We'll work within your child's existing routines to help enhance their movement skills at school, home, or day care.

Pain management

Many people struggle with chronic pain which affects their enjoyment of life. Physios can assist by offering non-pharmaceutical solutions for pain management, to avoid people becoming dependent on medications. Speak to our physios today about which options might be suitable for you.

Assistive technology (equipment)

Assistive technology is equipment which allows people of all abilities to participate in life. Superyou physios will assess the barriers you face in participating in physical tasks, and then recommend which equipment options are suitable for you. Assistive technology includes mobility equipment such as wheelchairs, walkers, or modified trikes.

Falls prevention and balance

Falling can lead to serious long term health conditions, and the best treatment is always prevention! Our physios can assess your balance, environment and movement, providing you with a tailored balance program to help you decrease your risk of falling.

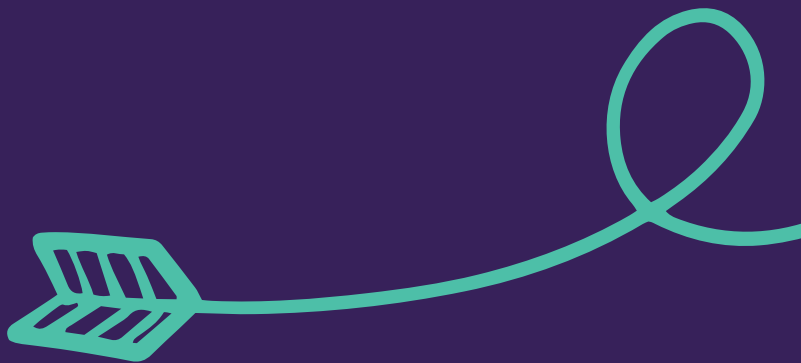
Exercise prescription

Our physios pride themselves on creating exercise programs to allow people of all abilities to exercise and be fit and healthy. Speak to us today about your exercise goals and we'll help you to achieve them.

Hydrotherapy

Many people prefer to exercise in water, as it's gentle on their joints and is often very comfortable. Our physios are trained in hydrotherapy exercises and can teach you to stay fit and active from the comfort of the pool. Why not give it a splash today!





Scan the QR code to view
our services



Get in touch with us

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Superyou Therapy is an organisation of PeopleKind Group
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