

YOUR JOURNEY WITH SUPERYOU



01

REFERRAL

Complete a referral via "[Make a referral](#)", or over the phone 08 6263 8623. We listen to your story to determine if we can meet your therapy needs.

02

ISSUE THE SERVICE AGREEMENT

A Service Agreement sets out what we will both do - in partnership - to ensure you receive the best possible services and support from us.

As part of the Service Agreement, we offer an Initial Meeting Package of 3 hours for clients who are unsure on their needs or want to meet our team before committing further.

We may also recommend this package if the clinician needs more information prior to recommending, or quoting, frequency of services. More information on our 3-hour initial meeting package can be found below.

[Click here to view the Initial Meeting Package information.](#)

03

SCHEDULING

Our schedulers will be in touch to book in your initial meeting with a Superyou clinician. The scheduler will also ask you to send a copy of your NDIS plan, or goals, prior to the initial meeting.

07

RECOMMEND

At NDIS plan review time, or if your circumstances change, we'll be ready to recommend future therapy supports - if you still need them!

06

MEASURE PROGRESS AND ADAPT

Every three months you will have a therapy progress meeting with your interdisciplinary team. The purpose of these meetings is to discuss the progress being made against goals to make sure we're on the right track. We will also talk about the plan for the next three months and agree on the key focus areas.

05

ONGOING THERAPY

This is where the fun happens! Following the initial meeting, we'll provide a recommendation on how many hours and sessions are needed in order to meet your therapy goals at home and in the community.

04

INITIAL MEETING

The initial meeting provides an opportunity to begin building a relationship, collect information essential to delivering therapy, and begin to identify your therapy goals. Overall, the initial meeting provides the opportunity to ensure we are the right therapy provider for you, given your diagnosis, needs and therapy goals. This meeting is not a therapy session and is unlikely to include formal assessment.

GET IN TOUCH WITH US

[P 6263 8623](tel:0862638623) [E hello@superyou.org.au](mailto:hello@superyou.org.au) [superyou.org.au](https://www.superyou.org.au)

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