

FEES GUIDE FOR SELF-FUNDED CLIENTS

Last Updated 23 October 2025

Fees for Self-Funded Occupational Therapy, Speech Pathology and Physiotherapy

Your Session Time	Face-to Face Appointment Time	Case Notes	Session Preparation and Planning	Total Billed Time	Total Cost for Clients
30 minute consultation <i>**Please note this consult length is only available for sessions in clinic locations</i>	30 minutes	7.5 minutes	7.5 minutes	45 minutes	\$168.47
45 minute consultation <i>**Please note this consult length is only available for sessions in clinic locations</i>	45 minutes	10 minutes	10 minutes	1 hour & 5 minutes	\$243.18
1 hour consultation	1 hour	15 minutes	15 minutes	1 hour & 30 minutes	\$336.93
1.5 hour initial consultation for new clients	1.5 hours	20 minutes	20 minutes	2 hours & 10 minutes	\$487.43
2 hour consultation	2 hours	25 minutes	25 minutes	2 hours & 50 minutes	\$636.97
Additional Session Time or Non Face-to-Face Time eg report writing					Rate of \$224.62/ hour
Travel Time					Rate of \$224.62/ hour
Travel Kilometres					\$0.99 per kilometre travelled

Please note all fees are based on a standard hourly rate of \$224.62.



What we bill for - the details

When you receive our services, we bill you according to these four areas:

Therapy Sessions

Clinic-Based Sessions

Our therapy sessions are conducted in a variety of environments, including at your home, in the community, at school, in a car for driving assessments, in the clinic, via telehealth and in other settings.

Our clinic consultations vary in length between 30 minutes and 2 hours of face-to-face or telehealth time. Each consultation includes session preparation and planning time, and mandatory case note writing time, which we bill for at the standard hourly rate mentioned in the pricing table on page 1.

The time spent on these tasks is standardised, depending on the appointment duration.

For example, a one hour face-to-face consultation will also include 15 minutes of session preparation and planning and 15 minute of case note writing time, on top of the face-to-face component of the session.

The total time billed and total cost of varying appointment durations is outlined in the therapy price schedules above.

Home, Community and School Sessions

All community-based appointments (home and school visits) are booked as a minimum of 1.5 hours for the full appointment time, which ensures the full scope of support you receive is reflected in your funding plan.

This appointment time reflects the entire consultation, which includes:

- 15 minutes preparation time before the session
- 15 minutes for clinical notes and follow-up after the session
- Plus, the one hour of face-to-face time with you and all other time spent at that appointment (eg. signing in/out, adhoc conversations etc).

When our clinicians come to you in the community, there's more involved than just the time spent in therapy. To deliver safe, high-quality, and personalised therapy, they:

- Prepare activities and resources tailored to your goals
- Review your progress and update therapy plans
- Record clinical notes
- Communicate with your support team when required

Community visits also often include:

- Signing in/out at schools or facilities
- Setting up resources and spaces
- Incidental conversations with support workers, parents, teachers, or principals that are valuable to your therapy journey

Travel

Time spent travelling to and from appointments is billed at the clinical rate plus 99c per kilometres travelled.

We always aim to reduce travel costs by grouping appointments together in areas and using Google Maps to take the shortest route. Here is a quick guide of how we charge for travel.

- We bill no more than 60 minutes travel in total for an appointment with you in MMM1-3 Geographical Areas (Metropolitan areas, regional centres and large rural towns as defined by the MMM)

This is up to 30 minutes each way.

- We bill no more than 120 minutes travel in total for an appointment with you in MMM4-5 Geographical Areas (medium rural towns and small rural towns as defined by the MMM)

This is up to 60 minutes each way.

You can view the MMM Geographic classifications that we use [here](#).

We have therapists based across six Superyou hubs across WA – Wanneroo, Cannington, Fremantle, Bassendean, Mandurah and Albany.

If a therapist with a specific skill set is required to travel from their home base to another Superyou hub to see a client, they will charge for travel from their home base.

Parking or other travel fees may apply

Our Service Agreement Terms & Conditions gives a thorough explanation of travel expenses.

Late Cancellations

We understand that appointments may need to be rescheduled from time to time. Please provide a minimum of (2) full business days' notice for any cancellations, or you will be charged the full cost of your appointment, including session time, preparation time, case note writing time and travel time. If cancelling your appointment, please email cancellations@superyou.org.au.

This also applies if you fail to attend a session, or if you attend a session for only part of the scheduled duration. You can [read the full 'Guide to feeling unwell and cancelling appointments' here](#).

Invoices

Invoices can sometimes be tricky to understand. Therefore, we will do our best to make sure the invoices you receive from us makes sense and can be easily interpreted.

For an explanation on the details of your invoice and what the information means, please call (08) 6263 8623 or email invoices@superyou.org.au.

GP Chronic Condition Management Plans

If you have a chronic or long-term health condition, your GP may prepare a GP Chronic Condition Management Plan (GPCCMP).

Changes to the CDMP from 1 July 2025

From 1 July 2025, the GP Chronic Condition Management Plan replaced the older Chronic Disease Management Plans (CDMPs), GP Management Plans (GPMPs) and Team Care Arrangements (TCAs).

The older GP Management Plan (GPMP) and Team Care Arrangement (TCA) are being phased out.

GPs no longer need to collaborate with allied health professionals when preparing or reviewing plans – your GP can now send referrals directly to providers like Superyou.

Referrals must include:

- The referring GP's name
- The practice address or provider number
- The date of referral
- The validity period (if applicable)
- The GP's signature (electronic or handwritten)
- The reason for referral and relevant clinical details

Eligibility

- Eligible clients can access up to 5 Medicare-rebated allied health sessions per calendar year.
- These can be all one type (e.g. 5 Speech Pathology sessions) or a mix (e.g. 1 Occupational Therapy + 4 Speech Pathology).
- Clients who already had a CDMP prepared before 1 July 2025 can continue using it until 30 June 2027, after which they'll need to transition to a GPCCMP.
- To remain eligible, a GPCCMP must be prepared or reviewed within the past 18 months.

Can I use my private health insurance to pay the balance?

No, this is considered “double dipping” and your private health insurance will not pay a rebate if you have already claimed with Medicare.

Should I use my private health insurance or my GPCCMP plan?

This is completely up to you. Check with your private health insurance company to make sure you are covered for Speech Pathology, Occupational Therapy or Physiotherapy (depending on what service you require).

Often, private health insurance companies do rebate a higher amount for assessment sessions so you may choose to use this for your initial assessment, rather than your GPCCMP plan.

How often can I get a new GPCCMP Plan?

You are eligible for 5 rebated services each calendar year. This means 5 total, not for each therapy service.

Can I use my GPCCMP rebates for group sessions or telehealth?

No. GPCCMP sessions must be individual, face to face sessions for a minimum of 20 minutes.

Can I use my GPCCMP rebates for travel?

No. You will be charged for the time it takes your clinician to travel to and from an appointment. You will also be charged for additional costs incurred with travelling to deliver face-to-face services (such as parking fees and the running costs of the vehicle).

Please refer to our Terms and Conditions for more information about how we charge for travel.

We do have clinic rooms for you to attend sessions to avoid these travel costs. Please speak to our administration team or your clinician for more information.

You may also find more information on the [Allied health referrals for GP chronic condition management plans - Health professionals - Services Australia](#).

Who can I talk to for more information?

Our team are here to answer any of your queries from 8.30am-4.30pm Monday to Friday. Please call (08) 6263 8623 or email hello@superyou.org.au.

Contact us for further support

If you have any questions, you can contact us on 08 6263 8623 or hello@superyou.org.au.

We will be happy to discuss and provide as much information as you require.

