



For Foster & Kinship Carers

A series of workshops tailored to families and carers raising children in out-of-home care.

ENVISAGE is a peer program designed for families & caregivers raising children aged 0-8 with a disability, developmental concern, or who are neurodivergent.

The program is designed to help you:

- Feel more **confident and competent** in supporting children in your care.
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may have similar experiences to your own, exchanging insights and perspectives.



Online Program Starts: Thursday 20 August
1pm-2:30pm
Ends: 17th Sept

Scan the QR Code to Register
or Click this Link

HOW THE PROGRAM WORKS

All workshops are **live and interactive**, mixing information sharing with group discussions and activities.



5 x Weekly Workshop Sessions
Up to 90 mins per workshop



Facilitated by a qualified health professional and a foster parent peer



No cost to you.
No NDIS plan, diagnosis or referral needed.

WORKSHOP THEMES

Workshop 1

- Health and wellbeing in early child & family development.

Workshop 2

- Child and family development

Workshop 3

- Parenting is a 'dance' led by the children

Workshop 4

- Looking after myself

Workshop 5

- Communicating, Collaborating, Connecting

This Program will be Facilitated by:

